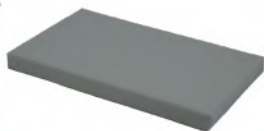
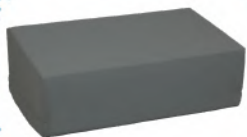
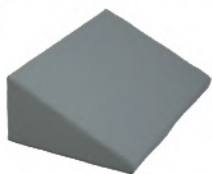
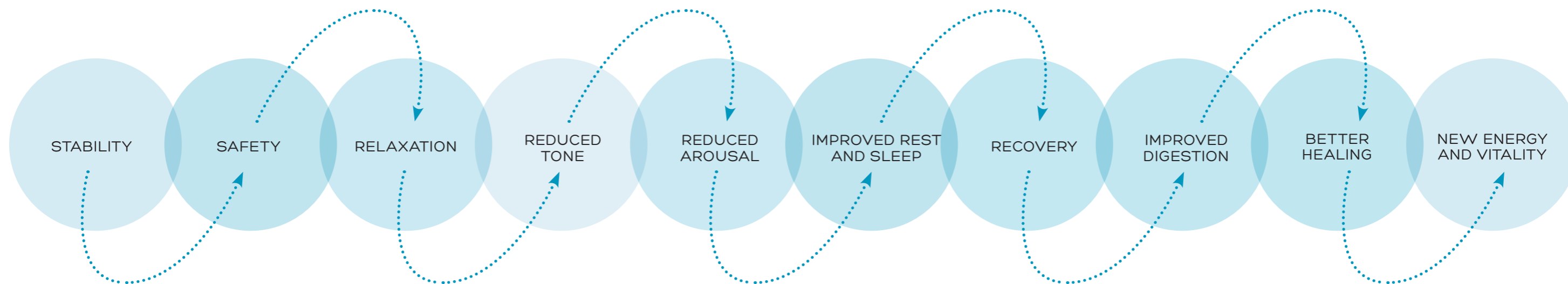


LEJRELET



MANUAL



WHY IS POSITIONING IMPORTANT?

Positioning is of decisive importance for the users comfort and wellbeing. Positioning is also an important part of the healing and preventative measures.

There are many situations in which positioning should be a matter of great attention. This is in particular true with:

- Permanent or long-term bedridden patients
- Patients with reduced mobility
- Patients with pressure ulcers or pressure ulcer risk
- Patients receiving hygiene procedures in bed
- Restless and unstable patients

When positioning is integrated in the care for such patients, it will have a major influence on the progression of their disease and their overall quality of life.

Positioning will also have a positive impact on care-giver health and safety, as the processes around the patient often will be easier to manage and handle.

“Positioning of permanent bedridden patients should be a focus area in line with wounds, incontinence and nutrition.”

GOOD POSITIONING IS STABLE POSITIONING

A well performed position is a stable position. Stability facilitates the patient experienced safety and relaxation.

Furthermore, good positioning ensures a better support of the body or specific body parts. This creates larger distribution of pressure which locally can relieve pressure and pain. Good positioning also prevents e.g. neuropathies and constriction of blood vessels.

Good positioning is also ensured by placing the patients joint in a neutral position, that is the position in which the joint capsule and ligaments are least tense. This requires appropriate and suitable positioning cushions.

“Good positioning is absolutely essential for the patients well-being, disease progression and comfort.”

THE PHILOSOPHY BEHIND LEJRELET

According to physiotherapist Peter Maindal who developed the LEJRELET series, it is essential to ensure effective positioning. And this is done by ensuring that the positioning cushions are simple to use.

The series consists of only six cushions which makes it straightforward and simple for the care-givers.

The size and shape of the cushions provides a great flexibility so the single cushion can be used for several purposes - both individually and in combination with each other.

ENGLISH

Application

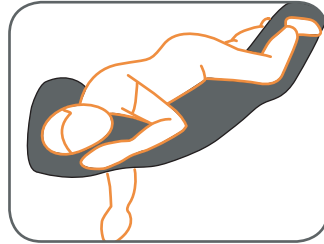
LEJRELET Tube 250 is a long soft cylinder filled with pressure relieving viscoelastic foam granules.

It is easy to shape and adapt Tube 250 for the individual user and care situation and thus possible to adapt Tube 250 to various situations and conditions.

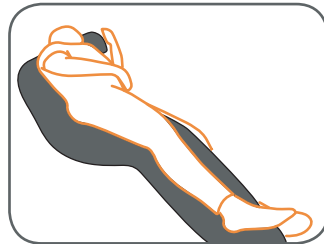
The viscoelastic foam granules give great adaptability to the body and good support / pressure prevention. Further more, Tube 250 is very comfortable and calming for the bedridden person.

Examples for use of LEJRELET Tube 250:

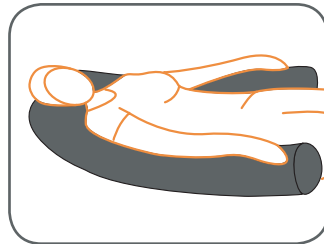
- Support of the entire body in lateral position
- Positioning in a 30 degree angle
- Pressure relief for scapula and arms in supine position
- Support of legs and pressure relief of heels
- Comfort and calming positioning



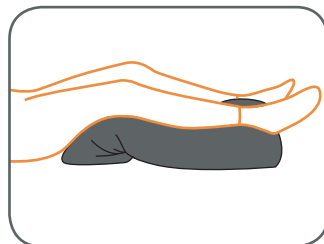
Support of the entire body in lateral position



Positioning in a 30 degree angle



Pressure relief for scapula and arms



Support of legs and pressure relief of heels



ENGLISH

Technical information

Filling:

LEJRELET Tube 250 is filled with viscoelastic foam granules preventing decubitus.

Size: Ø 25 x L 250

Item no.: 5000001

Weight: 4700 g

Fabric

- Waterproof
- Watervapour permeable
- Two way stretch
- Anti-bacteria treated
- Tight to house dust mite
- Biocompatible
- Oeko-TEX, class 1
- Fire-retardant to crib 5



Be aware that the patient is positioned such that airways are kept clear.

Washing and cleaning

Can be wiped with mild soap and disinfectant fluids or showered with boiling water.



Hand wash



Do not tumble dry



Do not iron



Do not dry clean



Do not bleach

Other symbols



Warning



Item no.



Year and month of manufacture



Name of manufacturer



CE marking:
The product complies with the Medical Device Regulation (EU) 2017/745

ENGLISH

Application

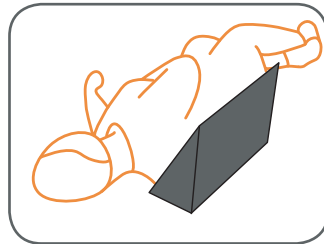
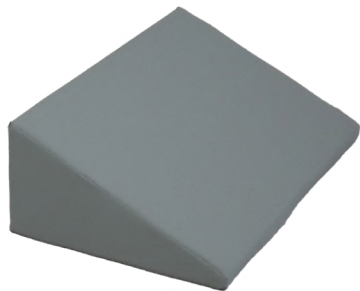
LEJRELET Wedge is a triangular cushion made of polyurethane foam and viscoelastic foam.

The pressure relieving foam offers a large support surface, good pressure relief and high comfort for the bedridden patient.

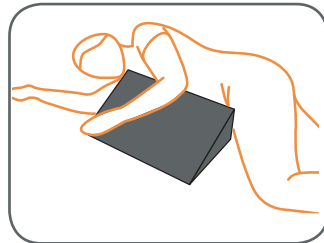
It is used in many different situations for both stabilization and pressure relief as well as in combination with other LEJRELET products.

Examples for use of LEJRELET Wedge:

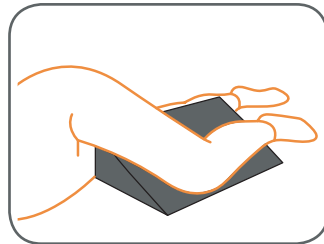
- Stabilizing behind the back in lateral position
- Stabilizing in front of the body/trunk in lateral position
- Support of arm in lateral position
- Support of legs in lateral and supine position
- Positioning in a 30 degree angle



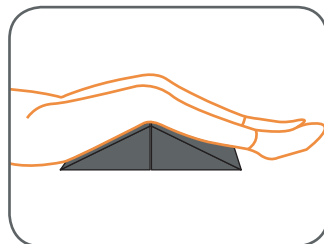
Stabilizing behind the back in lateral position



Stabilizing in front of the body in lateral position and support of arm



Support of leg in lateral position



Support of legs in supine position

ENGLISH

Technical information

Filling:

LEJRELET Wedge is pressure relieving and made with a core of polyurethane foam covered with 2 cm of flameretardant viscoelastic foam on the top.

This combination means, that the cushions are firm and supportive, yet they are still flexible and provide effective pressure relief and comfort.

Washing and cleaning

Can be wiped with mild soap and disinfectant fluids or showered with boiling water.



Hand wash



Do not tumble dry



Do not iron



Do not dry clean



Do not bleach

Size: H 15 x W 30 x L 50

Item no.: 5000002

Weight: 550 g

Fabric

- Waterproof
- Watervapour permeable
- Two way stretch
- Anti-bacteria treated
- Tight to house dust mite
- Biocompatible
- Oeko-TEX, class 1
- Fire-retardant to crib 5

Other symbols



Warning



Item no.



Year and month of manufacture



Name of manufacturer



CE marking:
The product complies with the
Medical Device Regulation
(EU) 2017/745



ENGLISH

Application

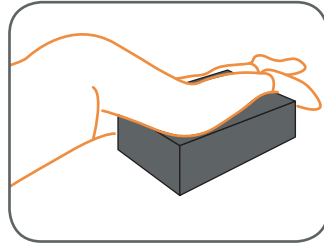
LEJRELET Pad High is a rectangular cushion made from a mixture of polyurethane foam and viscoelastic foam. It is used for various positioning situations and during lower hygiene procedures for the bedridden patient.

LEJRELET Pad High has a large support surface which in combination with viscoelastic foam offers good pressure relief and comfort for the bedridden patient.

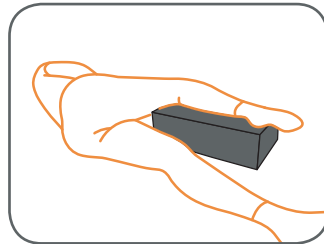
Pad High can be used alone or in combination with other LEJRELET products.

Examples for use of LEJRELET Pad High:

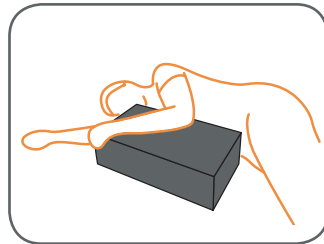
- Support of leg in lateral position
- Support of leg during lower hygiene procedures
- Support of arm in lateral position
- Support of legs and pressure relief of heels



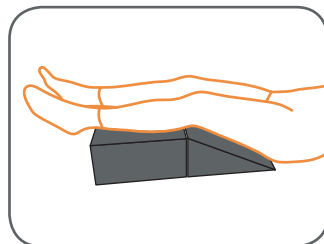
Support of leg in lateral position



Support of leg during lower hygiene situations



Support of arm in lateral position



Support of legs and pressure relief of heels

ENGLISH

Technical information

Filling:

LEJRELET Pad High is pressure relieving and made with a core of polyurethane foam covered with 2 cm of flameretardant viscoelastic foam on the top.

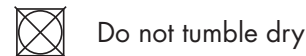
This combination means, that the cushions are firm and supportive, yet they are still flexible and provide effective pressure relief and comfort.

Washing and cleaning

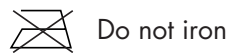
Can be wiped with mild soap and disinfectant fluids or showered with boiling water.



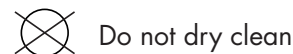
Hand wash



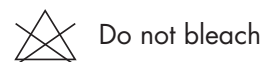
Do not tumble dry



Do not iron



Do not dry clean



Do not bleach

Size: H 15 x W 30 x L 50

Item no.: 5000003

Weight: 800 g

Fabric

- Waterproof
- Watervapour permeable
- Two way stretch
- Anti-bacteria treated
- Tight to house dust mite
- Biocompatible
- Oeko-TEX, class 1
- Fire-retardant to crib 5

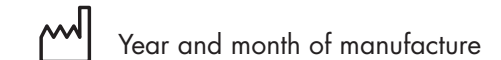
Other symbols



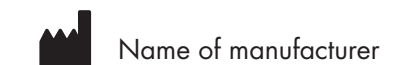
Warning



Item no.



Year and month of manufacture



Name of manufacturer



CE marking:
The product complies with the
Medical Device Regulation
(EU) 2017/745

ENGLISH

Application

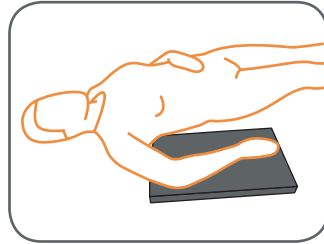
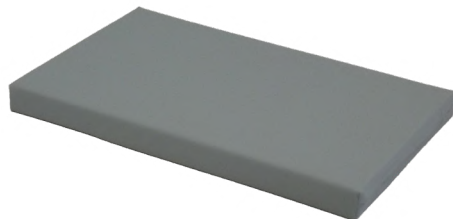
LEJRELET Pad Low is made from pressure relieving viscoelastic foam. This makes Pad Low ideal for pressure relief and support in several different positioning situations.

Pad Low can be used flat, bent, folded or coiled.

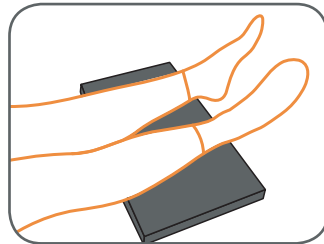
Pad Low can be used alone or in combination with other LEJRELET products.

Examples for use of LEJRELET Pad Low:

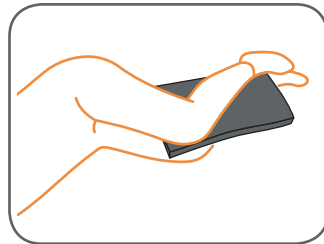
- Support of arm/hand
- Pressure relief of heels
- Pressure relief between knees/ankles
- Coiled, bent or folded i.e. as abduction wedge



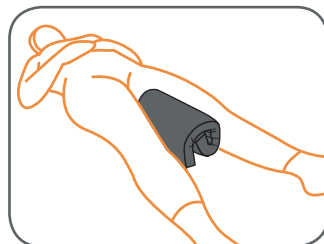
Support of arm/hand



Pressure relief of heel



Pressure relief between knees in lateral position



Coiled as abduction wedge

ENGLISH

Technical information

Filling:

LEJRELET Pad Low is made of viscoelastic foam preventing decubitus.

Size: H 4 x W 30 x L 50

Item no.: 5000004

Weight: 350 g

Fabric

- Waterproof
- Watervapour permeable
- Two way stretch
- Anti-bacteria treated
- Tight to house dust mite
- Biocompatible
- Oeko-TEX, class 1
- Fire-retardant to crib 5



Be aware that the patient is positioned such that airways are kept clear.

Washing and cleaning

Can be wiped with mild soap and disinfectant fluids or showered with boiling water.



Hand wash



Do not tumble dry



Do not iron



Do not dry clean



Do not bleach

Other symbols



Warning



Item no.



Year and month of manufacture



Name of manufacturer



CE marking:
The product complies with the Medical Device Regulation (EU) 2017/745

ENGLISH

Application

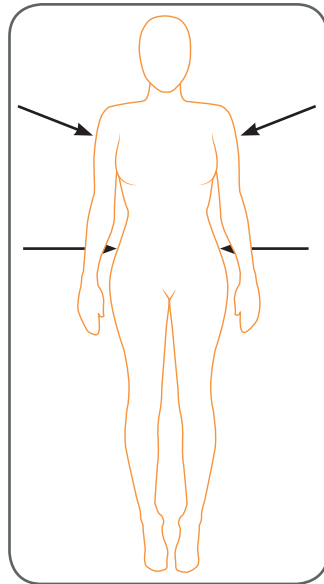
LEJRELET Oval is a small oval cushion made of viscoelastic foam granules. With the LEJRELET Oval we introduce the concept "The Walking Cushion".

"The Walking Cushion" is a concept that works with frequent and discreet repositioning which ensures a calm night for the bedridden. This in turn supports an uninterrupted sleep for the bedridden, which is very important for the metabolic cycle.

LEJRELET Oval is made with a very flexible material and offers excellent pliability. Consequently, it is very easy to use and the bedridden experiences good support and comfort.

Other examples for use of LEJRELET Oval.:

- Between the knees or feet.
- As lumbar support.
- Support of shoulder or elbow.
- Support of paralyzed arm or hand.
- Between arm and thorax



"The Walking Cushion" – place the cushion as indicated and keep repositioning in this cycle.

ENGLISH

Technical information

Filling:

LEJRELET Oval is filled with viscoelastic foam granules preventing decubitus.

Size: H 10 x W 25 x L 40

Item no.: 5000009

Weight: 350 g

Fabric

- Waterproof
- Watervapour permeable
- Two way stretch
- Anti-bacteria treated
- Tight to house dust mite
- Biocompatible
- Oeko-TEX, class 1
- Fire-retardant to crib 5



Be aware that the patient is positioned such that airways are kept clear.

Washing and cleaning

Can be wiped with mild soap and disinfectant fluids or showered with boiling water.



Hand wash



Do not tumble dry



Do not iron



Do not dry clean



Do not bleach

Other symbols



Warning



Item no.



Year and month of manufacture



Name of manufacturer



CE marking:
The product complies with the
Medical Device Regulation
(EU) 2017/745





Combinations

The LEJRELET cushions can be used individually as well as in combination with one another. This offers great flexibility and opportunity for you to utilize your creativity and professionalism in order to find the best support for your client.

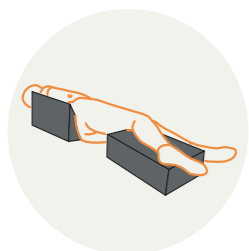
Combining Wedge and Pad High is very useful in many situations. Below we show some of the more common combinations of the 2 cushions.

You can also watch a video demonstrating the combinations of the 2 cushions.

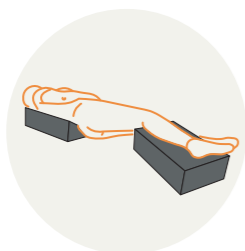


Watch the video on our web site or by scanning this QR code.

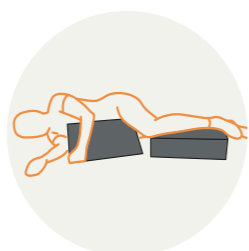
Examples on combinations of Wedge and Pad High



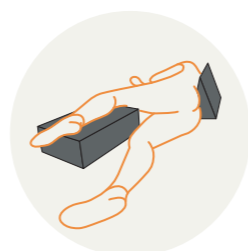
Stable 70 degree position with good support of lower leg.



Stable 30 degree position with good support of the lower leg.



Stable lateral position preventing the client rolling into prone position.



Stable lateral position preventing the client rolling into supine position. Ideal for lower hygiene procedures in bed.

LEJRELET Set and bag

Set with Tube 250

Set including Tube 250 and Wedge, Pad High, Pad Low and Oval. This set comes in a handy bag.

Item no.: 5000011



Set with Tube 125

Set including Tube 125 and Wedge, Pad High, Pad Low and Oval. This set comes in a handy bag.

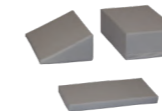
Item no.: 5000010



Set without Tubes

Set including Wedge, Pad High and Pad Low.

Item no.: 5000005



Bag

Practical bag for storage of LEJRELET cushions.

Item no.: 5000007



FILLING

Both LEJRELET Tube and Pad Low are filled with 100% viscoelastic foam. The pressure relieving foam provides a large support surface, good pressure relief and high comfort for the patient.

LEJRELET Wedge and Pad High is made with a core of polyurethane foam covered with 2 cm of visco-elastic foam on the top.

This combination makes the cushions firm and supportive, yet they are still flexible and provide effective pressure relief and comfort.

The viscoelastic foam and the polyurethane foam are flame-retardant.

FABRIC

The fabric on LEJRELET is carefully chosen to be comfortable against the skin and to ensure it will not slide against the sheet.

The fabric is stretchable in two ways which ensures that the viscoelastic foam can work optimally.

Further to this the fabric is:

- » Waterproof
- » Watervapour permeable
- » Anti-bacteria treated
- » Tight to house dust mite
- » Biocompatible
- » Oeko-Tex, class 1
- » Fire-retardant to crib 5

Nederland:

Vendlet B.V.
Einsteinweg 11H-J
3225LT Hellevoetsluis
Tel. +31 (0)85-1300710
vendlet@vendlet.nl
www.vendlet.nl

Danmark:

Vendlet ApS
Egelund 33
6200 Aabenraa
Tel.: +45 9631 0050
vendlet@vendlet.dk
www.vendlet.dk

Queensland Distributor

EVOCARE AUSTRALIA PTY LIMITED

A.B.N. 98 078 566 604

Trading as **EVOCARE** and **L&M EQUIPMENT**

P.O. Box 1144, Stafford Qld. 4053

Ph: 07 3355 8000 Fax: 07 3355 5043

Website: <http://www.evocare.com.au>

Email: sales@evocare.com.au

workshop@evocare.com.au

warehouse@evocare.com.au

accounts@evocare.com.au



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