



**Vario**  **Safe**

Redefining excellence in care



# Vario Safe

-  Care Home Manager
-  Caregiver
-  Resident
-  Facility technician

## Future-proof with Vario Safe

The answer to changing requirements in in-patient care

In today's world, being able to respond swiftly and adapt with great flexibility has become a crucial element. Research indicates that stays in long term care facilities have been shortened due to cost-sharing policies and a shift towards home-based care. The ageing population is leading to an increased demand for long-term care services. This includes a higher number of older adults with complex care needs moving into aged care homes.

Requirements for modern care beds have changed considerably and now demanding equipment that adapts flexibly whenever necessary. Vario Safe offers a distinct benefit: it allows for quick and easy adaptation to the evolving needs of residents. This system not only enhances flexibility but also efficiently addresses the unique requirements of each resident, conserving resources in the process.

## Vario Safe: Revolutionizing flexibility and care across all dimensions:

-  **10 cm-width extension** without changing the headboard and footboard
-  **Length extension** of 10 or 20 cm
-  90 cm-side elements serve as **mobilisation aids**
-  **Tailored protection** and orientation for residents
-  **User-friendly operation** with a high level of safety
-  Reliable and **uncomplicated hygiene**
-  **Convenient quick-release safety catches** – no need for tools
-  110 cm-safety side as **standard-compliant protection**





The modular Vario Safe system is highly cost-effective, as it facilitates the needs-based deployment of all components.

Care Home Manager: Cost-effectiveness

## Efficient cost-optimisation and flexibility with the Vario Safe system

- Needs-oriented use of all components for optimised investments
- Flexibility to meet the particular needs of residents
- Supports healthcare professionals in implementing evidence-based recommendations of the “Global Guidelines for Falls in Older Adults” to manage and prevent falls.
- Cost-savings through adapting existing care beds – no need for completely new procurements
- Long-term cost-effectiveness due to efficient use of resources and quick adaptation

## Maintaining and promoting

The wide-ranging positions offered by the Vario Safe side elements cover all care options to individually support and meet residents’ needs for independence or protection.



A 90 cm side element positioned at the entry/exit side of the bed, designed to assist with getting in and out of bed



Diagonally raised, the mobilisation aid provides orientation and also allows unhindered access to the bedside cabinet



A combination of the 90 cm-mobilisation aid and the 110 cm-safety side provides full protection



When raised diagonally, this combination offers essential protection while also allowing unobstructed access for caregiving



## Increase earnings

With the Vario Safe width extension kit for the Libra residents can enjoy greater comfort and functionality in their setting without incurring additional time or costs for the facility.



### Upholstered headboards

In line with individual wishes, upholstered elements can also be used selectively – such as on the headboard only. Care beds with Vario Safe offer a wide selection of hard-wearing upholstery options.



### Something to hold on

Select head- and footboards fitting the purpose. Residents with balance issues and poor gait will benefit greatly from footboards with bars, so they have something to hold on when insecure.



### Provide orientation without restriction

Diagonally raised safety sides can be a helpful aid to orientation, particularly in the case of residents with dementia, without restricting their movement or arousing negative associations.

This aids in implementing the recommendations of the **‘Global Guidelines for Falls in Older Adults,’** as Vario Safe elements enhance safe and supported transfers, encourage self-mobilization, and reduce anxiety.

Residents can easily reach the bedside cabinet, for example, if they wish to switch on the bedside light or grab their glasses.



### Extension

Vario Safe enables the bed to be extended without the need for tools, featuring a patented quick-release mechanisms and eliminating the need for hand screws.

Whether integrated – in the case of Elvido and Tereno – or slide-in in the case of the Vario Safe system on the Libra: the ability to extend the mattress base to 210 or 220 cm allows you to provide even tall residents with a suitable bed.



Elvido also offers the option of extending the adjustable lower leg rest.



When I'm calm and focused, I can give our residents the attention they truly deserve.

Caregiver: Time-saving and compliant

## Providing care with Vario Safe – time-saving, hygienic and compliant

- More time for caregiving due to easy handling and efficient use
- One-hand operation of safety sides
- Supports mobilisation of residents with enhanced safety
- The use of consistent operating principles allows for intuitive handling of various products, minimizing training time and optimizing resource use
- Removable footboards allow free access for foot care or physiotherapy in bed
- Hygienic thanks to smooth surfaces – no hidden corners or inconvenient panels



## Ideal for independent mobilisation

A 90 cm-long Vario Safe element at the head end is used to support safe independent mobilisation. It assists with getting in and out of bed and also provides support and orientation. This helps to maintain residents' mobility for as long as possible.



## Lengths and positions at your fingertips to suit requirements

Caregivers can adapt the Vario Safe elements individually to meet specific requirements, whether for a new resident or a resident's mobility has changed.



### Intuitive one-hand operation

The safety sides can be raised with one hand in any position without needing to unlock them.



### Easy access

Vario Safe is designed for tool-free and screw-less removal of headboards and footboards to allow physiotherapy to take place in bed or to enable more extensive care routines.



### Sophisticated safety

Variable and safe: the system prevents accidental lowering of the split safety sides when pressure is applied, as their own weight ensures they remain securely locked. To lower them, the load on the unlocking mechanism must first be slightly reduced.



### For hygienic cleaning

Thorough cleaning of Vario Safe safety sides is very easy since they are not concealed behind panels. They can stay on the bed for cleaning, but if needed, they can be easily removed without any tools.






My room is my sanctuary, and my bed is adaptable, meeting all my needs.



Resident: Well-being & individuality

## Tailor-made comfort for the resident and a harmonious, feel-good living environment

-  Comfortable and securely supported, residents benefit from personalized adjustments that cater to their changing mobility and individual preferences.
-  In combination with high-quality upholstery or exclusively in warm wood decors: residents feel at home in a pleasing and cosy ambience.
-  Footboards with a handrail offer residents a secure grip to steady themselves when needed.
-  Short side elements on the entry/exit side of the bed ensure that residents always transfer at the ideal place – for greater safety and independence.
-  Practical details are integrated: if a call button is installed temporarily, it can be routed through the handset holder to keep it easily and conveniently within the resident's reach.



## Fabrics and quilting

A range of attractive fabrics and faux leathers are available for the Nobla headboard/footboard and the Vario Safe system side panels. Headboards and footboards are available with plain upholstery or attractive quilting.



### Vertical lines

In combination with high-quality faux leather, vertical lines create a stylish look.



### Box design

The rectangular stitching of the box design looks lively and energetic – the best prerequisites for rehabilitation.



### Diamond design

Diamond patterns on furniture and clothing are often associated with a British lifestyle. They look both classy and cosy.

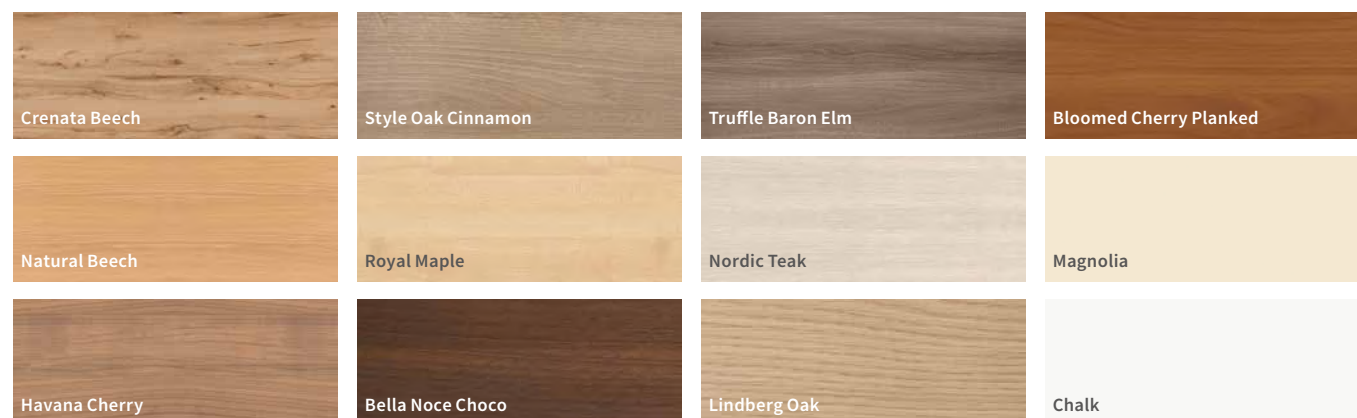




### Within practical reach

The handset holder offers the choice of positioning it facing either outwards or inwards, whichever is more convenient for the resident.

Due to the holder's integrated cable guide, it is also possible to attach a call button to the handrail, making it easy and convenient to reach.



### Decors and upholstery – colours for every interior

The colour of the care bed should fit in with the colour concept and interior design. It should also appeal to the resident's taste and be easily recognisable if used by persons with cognitive restrictions. Stiegmeyer offers a comprehensive selection of wood decors and upholstery.



Discover the full variety of Stiegmeyer home decors in the current headboard, footboard and decor brochure.



Everything is always handy and I don't need any tools. I make everyone happy by quickly finding solutions.

Facility management: Uncomplicated and tool-free

## Quick tool-free adaptation and reprocessing of care beds for facility technicians

- Save time with quick, tool-free component changes that eliminate the need for screw connections.
- To manoeuvre beds safely in confined spaces and prevent damage to doorways and beds, it is possible to make beds up to 13 cm narrower and 7 cm shorter.
- There is no entrapment hazard during floor-level adjustments since the side elements slide upwards if they encounter an obstacle.
- Since safety sides can also be raised diagonally, it is impossible for them to tilt and jam. They are constructed to make it easy to precisely set each position.
- The slider on the frame ensures that the side elements are attached in a safe and standard-compliant way.
- A patented Vario Safe fastener system makes it easy to quickly adapt the length, width, safety sides, headboard and footboard without the use of tools.



\* depending on the headboard/footboard



\* depending on the model

## Smaller dimensions for easier manoeuvring

In just a few easy steps, beds can be made up to 13 cm narrower and 7 cm shorter for manoeuvring in confined spaces.

## Built for safety and smooth adjustability

The well thought-out design – including the diagonal setting option – results in smooth-running safety side adjustments that do not tilt or jam.





### Enhanced safety

There is no entrapment hazard during floor-level adjustments since the safety sides slide upwards if they encounter an obstacle.



### Slider

The practical slider on the frame ensures standard-compliant attachment of the side elements.



### Patented safety quick-release fasteners on all elements

Quick and tool-free adjustment of safety sides, panels as well as head- and footboards. In this way the dimensions can also be reduced in next to no time for transport.

## The modular system can adjust with the care journey



### Safety sides

There is a choice of 90 cm-mobilisation aids or 110 cm-safety sides.



### Mutually interchangeable

The 90 and 110 cm long side elements are mutually interchangeable at the head end and foot end.



### Extras

These include a lower leg rest extension for the Elvido.



### Side panels

A stylish addition to side rails: panels in 3 lengths, without off-set, in wood decors or upholstered.



### Width extension

Vario Safe width extension kit for extending the width of an existing Libra by 10 cm, without the need to exchange the head- and footboards.



### Headboards and footboards

Classic simple head- and footboards, in high or low, with a handrail or with solid wood posts.

### Bed models with Vario Safe

Whether on models from the Libra or Elvido family or on the new Tereno floor level bed, the Vario Safe system proves its worth on each of these models:



Tereno



Elvido vervo and Elvido movo



Libra and Libra movo





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Solutions for people who care



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