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# Exercise Tubing

**Call or email for more information**See more on our website: <http://www.evocare.com.au/exercise-tubing.php>**Progressive  
Resistance**

**Evocare Exercise Tubing** are used in the rehabilitation and strengthening of joints in the musculature system. **Evocare Exercise Tubing** can be used with ROM exercises to provide resistance and a resultant increase in strength. Use of **Evocare Exercise Tubing** can be throughout the rehabilitation process as it comes in varying grades of resistance, ranging from easy to super heavy. The resistance is marked by colour of the tubing, light colours = light resistance, and dark colours = heavy resistance.

**Features:**

- Steady 30% increase from colour to colour.
- To use, simply cut a length from the roll and tie a knot to form a loop. The knot can be undone easily to change the length or size of the loop. **Evocare Exercise Tubing** may also be used as a single length.
- Available in 6 colour coded resistances, providing a wide range of treatments.
- Made under the international quality standard ISO 9002.
- Available in 1.8m, and 30.5m rolls.
- Supplied in colour coded boxes, with perforated dispensing slot for easy access and storage.
- Contains Latex

Code	Colour	Weight	Length
LMTUBE30.5MYEL	Yellow	Light	30.5m
LMTUBE30.5MRED	Red	Medium	30.5m
LMTUBE30.5MGRN	Green	Firm	30.5m
LMTUBE30.5MBLU	Blue	Extra Firm	30.5m
LMTUBE30.5MBLK	Black	X-Extra Firm	30.5m
LMTUBE30.5MSIL	Silver	XX-Extra Firm	30.5m

Code	Colour	Weight	Length
LMTUBE1.8MYEL	Yellow	Light	1.8m
LMTUBE1.8MRED	Red	Medium	1.8m
LMTUBE1.8MGRN	Green	Firm	1.8m
LMTUBE1.8MBLU	Blue	Extra Firm	1.8m
LMTUBE1.8MBLK	Black	X-Extra Firm	1.8m
LMTUBE1.8MSIL	Silver	XX-Extra Firm	1.8m



**Evocare®**
Our catalogue is our comprehensive and up to date website: [www.evocare.com.au](http://www.evocare.com.au)**Specialist Equipment Sales & Service**